Cook Islands

How many people die from smoking in Cook Islands each year?

28

What is the economic cost of smoking and tobacco use in Cook Islands each year?

Not Available

Current Rates of Smoking and Tobacco Use in Cook Islands

Tobacco use continues to be an epidemic in Cook Islands. Government complacency in the face of the tobacco epidemic protects the tobacco industry in Cook Islands as the death toll grows each year. Proponents of healthier societies must push for the implementation of evidence-based best practices in tobacco control to create change and reduce the negative effects of tobacco use.

Adult Smoking Prevalence in Cook Islands

15+ years old; 2019

<table>
<thead>
<tr>
<th>Men</th>
<th>Women</th>
</tr>
</thead>
<tbody>
<tr>
<td>36.7%</td>
<td>24.2%</td>
</tr>
</tbody>
</table>

Adult smoking prevalence in Cook Islands is 30%.

Number of Adult Smokers in Cook Islands

15+ years old; 2019

<table>
<thead>
<tr>
<th>Men</th>
<th>Women</th>
</tr>
</thead>
<tbody>
<tr>
<td>2,356</td>
<td>1,658</td>
</tr>
</tbody>
</table>

Number of adult smokers in Cook Islands is 4,014.

Youth Smoking Prevalence in Cook Islands

10-14 years old; 2019

<table>
<thead>
<tr>
<th>Boys</th>
<th>Girls</th>
</tr>
</thead>
<tbody>
<tr>
<td>26.6%</td>
<td>16.2%</td>
</tr>
</tbody>
</table>

Youth smoking prevalence in Cook Islands is 21%.

Adult Smokeless Tobacco Use in Cook Islands

15+ years old; smokeless tobacco includes snus, chewing tobacco, gutkha, etc.; 2019

Not Available
**Deaths Caused by Tobacco in Cook Islands**

% deaths attributable to tobacco use in 2019

<table>
<thead>
<tr>
<th></th>
<th>Men</th>
<th>Women</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>19.9%</td>
<td>12.1%</td>
</tr>
</tbody>
</table>

17% of all deaths in Cook Islands are caused by tobacco use.

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**Negative Effect of Tobacco Use in Cook Islands**

Tobacco use harms both the public and fiscal health of Cook Islands, threatening efforts to improve equity, alleviate poverty, and protect the environment.

**Societal Harms**
The global economic cost of smoking is estimated at around $US 1.85 trillion, or around 1.8% of global GDP. This includes direct costs related to healthcare expenditures and indirect costs related to lost productivity caused by illness and premature death.

**Environmental Harms**
Cigarette butts are the most commonly discarded pieces of waste worldwide. It is estimated that 1,102,311 tons of butts wind up as toxic trash in the world each year, equal to 416,667 female African elephants.

**Harms Health Equity**
The tobacco industry markets its products aggressively to lower-income populations and youth in Cook Islands.

**Harms NCDs**
Not only is smoking a major risk factor for the 4 largest noncommunicable diseases (cancer, heart diseases, respiratory diseases, and diabetes), but people living with mental illness are nearly 2x as likely to smoke as other individuals.

Learn more about global **Prevalence**, **Youth Smoking** and **Deaths**.

Learn more about **Health Effects**.
Impact of the Tobacco Supply Chain on Cook Islands

The tobacco industry profits significantly from producing and selling tobacco. At the same time, across the tobacco supply chain, there are significant negative health and economic repercussions for Cook Islands.

Tobacco Production
There were more than 5,000,000,000,000 cigarettes produced in the world in 2019, or nearly 2 cigarettes per person per day.

Tobacco Industry
The total revenue of the 6 largest tobacco companies in the world was USD 336 billion in 2019, about the same as Viet Nam’s Gross National Income (GNI), 5x Ghana’s GNI and 9x Paraguay’s GNI.

Tobacco Growing
Cook Islands is not a major producer of tobacco, but globally there were 3.1 million hectares of arable land dedicated to tobacco growing in 2021 which was nearly as much as the land dedicated to the world’s large orange crop.

Learn more about global Growing and Product Sales.

Ending the Tobacco Epidemic in Cook Islands

Fortunately, there are evidence-based -i.e. proven -solutions to the challenges posed by tobacco use. For several decades, governments around the world have been introducing a set of policies that address the demand for tobacco products, particularly among youth. These policies effectively reduce consumption and are cost-effective because they save governments enormous amounts of money in health care spending and increase economic productivity.

Current Tobacco Control Policies in Cook Islands

Designated Smoke-Free Areas in Cook Islands

<table>
<thead>
<tr>
<th>Healthcare Facilities</th>
<th>Educational Facilities</th>
<th>Universities</th>
<th>Government Facilities</th>
<th>Indoor Offices</th>
<th>Restaurants</th>
<th>Pubs and Bars</th>
<th>Public Transport</th>
<th>All Other Indoor Public Places</th>
<th>Funds for Enforcement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
<td>N/A</td>
<td>Yes</td>
</tr>
</tbody>
</table>

Yes

No
### Availability of Cessation Services in Cook Islands

**Quitting Resources**
National quit line, and both NRT and some cessation services cost-covered

**National Quit Line**
Yes

Learn more about best practices in Cessation.

### Tobacco Packaging Regulations in Cook Islands

**Quality of Tobacco Packaging Regulation**
- Text warning label only
- Graphic warning label only
- Plain Packaging with graphic warning label

**% of Pack Covered**
50%

Learn more about best practices in Counter Marketing.

### Tobacco Control Mass Media Campaigns in Cook Islands

**Ran a National Anti-Tobacco Campaign**
No

**Part Of A Comprehensive Tobacco Control Program**
Not Applicable

**Pre-Tested With The Target Audience**
Not Applicable

**Target Audience Research Was Conducted**
Not Applicable

**Aired On Television And/Or Radio**
Not Applicable

**Utilized Media Planning**
Not Applicable

**Earned Media/Public Relations Were Used To Promote The Campaign**
Not Applicable

**Process Evaluation Was Used To Assess Implementation**
Not Applicable

**Outcome Evaluation Was Used To Assess Effectiveness**
Not Applicable

Learn more about best practices in Mass Media.
# Tobacco Tax Policies in Cook Islands

Using evidence-based international recommendations/best practices, the Tobacconomics Cigarette Tax Scorecard assesses four components of tax systems - price, change in affordability, tax share, and structure - on a scale of 0 to 5, where a higher score is preferred.

<table>
<thead>
<tr>
<th>Component</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall Score</td>
<td>N/A</td>
</tr>
<tr>
<td>Cigarette Price</td>
<td>N/A</td>
</tr>
<tr>
<td>Change in Affordability Over Time</td>
<td>0</td>
</tr>
<tr>
<td>Tax Share of Price</td>
<td>N/A</td>
</tr>
<tr>
<td>Tax Structure</td>
<td>N/A</td>
</tr>
</tbody>
</table>

The overall score is an average of the four component scores.

Learn more about the Scorecard in Cook Islands.

## Regulations on Tobacco Advertising, Promotion, and Sponsorship (TAPS) in Cook Islands

Marketing is the key avenue that tobacco companies use to reach consumers, new and old. Restricting or eliminating marketing is key to tobacco control success.

### Direct Bans

- National TV and radio: Yes
- International TV and radio: No
- International magazines and newspapers: Yes
- International magazines and newspapers: No
- Billboard and outdoor advertising: Yes
- Advertising at point of sale: No
- Advertising on internet: Yes

4 out of 7 direct bans implemented

### Indirect Bans

- Free distribution in mail or through other means: Yes
- Promotional discounts: Yes
- Non-tobacco products identified with tobacco brand names: Yes
- Brand name of non-tobacco products used for tobacco product: Yes
- Appearance in TV and/or films: tobacco brands (product placement): Yes
- Appearance in TV and/or films: tobacco products: Yes
- Prescribed anti-tobacco ads required for any visual entertainment media product that depicts tobacco products, use or images: N/A
- Complete ban on sponsorship: No
- Any form of contribution (financial or other support) to any event, activity or individual: No
- Ban on the publicity of financial or other sponsorship or support by the tobacco industry of events, activities, individuals: Yes

7 out of 10 indirect bans implemented

Ad Ban Compliance 100%