Finland



How many people die from smoking in Finland each year?

4,070

What is the economic cost of smoking and tobacco use in Finland each year?

3,042,080,536

euros

Current Rates of Smoking and Tobacco Use in Finland

Tobacco use continues to be an epidemic in Finland. Government complacency in the face of the tobacco epidemic protects the tobacco industry in Finland as the death toll grows each year. Proponents of healthier societies must push for the implementation of evidence-based best practices in tobacco control to create change and reduce the negative effects of tobacco use.

Adult Smoking Prevalence in Finland

15+ years old; 2022

flen Women

16.8% 13.2%

Adult smoking prevalence in Finland is 15%.

Number of Adult Smokers in Finland

15+ years old; 2022

Men Women 385,380 315,988

Number of adult smokers in Finland is 703,166.

Youth Smoking Prevalence in Finland

10-14 years old; 2022

Boys Girls

5.2% **5.2**%

Youth smoking prevalence in Finland is 5.2%.

Adult Smokeless Tobacco Use in Finland

15+ years old; smokeless tobacco includes snus, chewing tobacco, gutkha, etc.; 2020-2021

Both Men and Women

7%

Adult smokeless tobacco use prevalence in Finland is 7%.

Deaths Caused by Tobacco in Finland

% deaths attributable to tobacco use in 2021

Men

Women

10.6%

3.6%

7.1% of all deaths in Finland are caused by tobacco use.

Learn more about global Prevalence, Youth Smoking and Deaths.

Negative Effect of Tobacco Use in Finland

Tobacco use harms both the public and fiscal health of Finland, threatening efforts to improve equity, alleviate poverty, and protect the environment.



Societal Harms

The economic cost of smoking Finland is 3,042,080,536 euros. This includes direct costs related to healthcare expenditures and indirect costs related to lost productivity caused by illness and premature death.



Harms Development

Tobacco spending diverts funds from the resources that families need to rise out of poverty. On average in Finland, a smoker must spend 1.9% of GDP per capita to buy 100 packs of the most popular cigarettes in a year.



Environmental Harms

Cigarette butts are the most commonly discarded pieces of waste worldwide. It is estimated that 736 tons of butts wind up as toxic trash in Finland each year, equal to 210 female African elephants.



Harms Health Equity

The tobacco industry markets its products aggressively to lower-income populations and youth in Finland.



Harms NCDs

Not only is smoking a major risk factor for the 4 largest noncommunicable diseases (cancer, heart diseases, respiratory diseases, and diabetes), but people living with mental illness are nearly 2x as likely to smoke as other individuals.

Learn more about Health Effects.

Impact of the Tobacco Supply Chain on Finland

The tobacco industry profits significantly from producing and selling tobacco. At the same time, across the tobacco supply chain, there are significant negative health and economic repercussions for Finland.



Tobacco Production

There were more than 5,000,000,000,000 cigarettes produced in the world in 2019, or nearly 2 cigarettes per person per day.



Tobacco Industry

The total revenue of the 6 largest tobacco companies in the world was USD 362 billion in 2022, about the same as Pakistan's Gross National Income (GNI), 5x Panama's GNI and 9x Paraguay's GNI.



Tobacco Growing

Finland is not a major producer of tobacco, but globally there were 4.1 million hectares of arable land dedicated to tobacco growing in 2022 which was nearly as much as the land dedicated to the world's large orange crop.

Learn more about global Growing and Product Sales.

Ending the Tobacco Epidemic in Finland

Fortunately, there are evidence-based -i.e. proven -solutions to the challenges posed by tobacco use. For several decades, governments around the world have been introducing a set of policies that address the demand for tobacco products, particularly among youth. These policies effectively reduce consumption and are cost-effective because they save goverments enormous amounts of money in health care spending and increase economic productivity.

Current Tobacco Control Policies in Finland

Designated Smoke-Free Areas in Finland





Facilities





Facilities



Offices





Bars



Transport





Indoor **Public** Places

Funds for **Enforcement**

Availability of Cessation Services in Finland

Quitting Resources

NRT (Nicotine replacement therapy) and/or some cessation services (neither cost-covered)

National Quit Line



Learn more about best practices in Cessation.

Tobacco Packaging Regulations in Finland

Quality of Tobacco Packaging Regulation

None

Text warning label only

Text warning label with graphic warning label

✓ Plain Packaging with text/graphic warning label

% of Pack Covered

65%

Learn more about best practices in Counter Marketing.

Tobacco Control Mass Media Campaigns in Finland

Ran a National Anti-Tobacco Campaign	Yes
Part Of A Comprehensive Tobacco Control Program	No
Pre-Tested With The Target Audience	No
Target Audience Research Was Conducted	Data not
	available
Aired On Television And/Or Radio	No
Utilized Media Planning	Yes
Earned Media/Public Relations Were Used To Promote The Campaign	No
Process Evaluation Was Used To Assess Implementation	Yes
Outcome Evaluation Was Used To Assess Effectiveness	Yes

Learn more about best practices in Mass Media.

Tobacco Tax Policies in Finland

Using evidence-based international recommendations/best practices, the Tobacconomics Cigarette Tax Scorecard assesses four components of tax systems - price, change in affordability, tax share, and structure - on a scale of 0 to 5, where a higher score is preferred.

Overall Score

The overall score is an average of the four component scores.

Cigarette Price

Consumers respond to higher prices by decreasing consumption and some quit using tobacco.

Change in Affordability Over Time

In addition to price, change in affordability is critical. Cigarettes need to become less affordable for consumption to decline.

Tax Share of Price

5.00

Large tax shares of price are usually a good indicator that taxes are working.

Tax Structure

3.00

Best practices include relying more on uniform specific excise taxes that are adjusted regularly to outpace growth and inflation.

Learn more about the Scorecard in Finland.

Regulations on Tobacco Advertising, Promotion, and Sponsorship (TAPS) in Finland

Marketing is the key avenue that tobacco companies use to reach consumers, new and old. Restricting or eliminating marketing is key to tobacco control success.

Direct Bans	6 out of 7 direct bans implemented	Indirect Bans	8 out of 10 direct bans implemented
National TV and radio	Yes	Free distribution in mail or throu	ugh other means Yes
International TV and radio	Yes	Promotional discounts	Yes
International magazines and newspap	ers Yes	Non-tobacco products identified names	d with tobacco brand Yes
International magazines and newspap	ers No	Brand name of non-tobacco proproduct	ducts used for tobacco Yes
Billboard and outdoor advertising	Yes	Appearance in TV and/or films: placement)	tobacco brands (product Yes
Advertising at point of sale	Yes	Appearance in TV and/or films:	tobacco products No
Advertising on internet	Yes	Prescribed anti-tobacco ads req entertainment media product th products, use or images	
		Complete ban on sponsorship	Yes
Ad Ban C	ompliance	Any form of contribution (financ any event, activity or individual	cial or other support) to Yes
10	0%	Ban on the publicity of financial support by the tobacco industry individuals	