

## Bhutan



How many people die from smoking in Bhutan each year?

**405**

What is the economic cost of smoking and tobacco use in Bhutan each year?

**846,429,760**

ngultrums

### Current Rates of Smoking and Tobacco Use in Bhutan

Tobacco use continues to be an epidemic in Bhutan. Government complacency in the face of the tobacco epidemic protects the tobacco industry in Bhutan as the death toll grows each year. Proponents of healthier societies must push for the implementation of evidence-based best practices in tobacco control to create change and reduce the negative effects of tobacco use.

#### Adult Smoking Prevalence in Bhutan

15+ years old; 2019

Men

**14.8%**

Women

**4.8%**

Adult smoking prevalence in Bhutan is 10%.

#### Number of Adult Smokers in Bhutan

15+ years old; 2019

Men

**43,821**

Women

**12,998**

Number of adult smokers in Bhutan is 56,820.

#### Youth Smoking Prevalence in Bhutan

10-14 years old; 2019

Boys

**16.7%**

Girls

**7.1%**

Youth smoking prevalence in Bhutan is 12%.

#### Adult Smokeless Tobacco Use in Bhutan

15+ years old; smokeless tobacco includes snus, chewing tobacco, gutkha, etc.; 2019

Both Men and Women

**15%**

Adult smokeless tobacco use prevalence in Bhutan is 15%.

## Deaths Caused by Tobacco in Bhutan

% deaths attributable to tobacco use in 2019

Men

**12.6%**

Women

**5.8%**

10% of all deaths in Bhutan are caused by tobacco use.

Learn more about global **Prevalence, Youth Smoking and Deaths.**

## Negative Effect of Tobacco Use in Bhutan

Tobacco use harms both the public and fiscal health of Bhutan, threatening efforts to improve equity, alleviate poverty, and protect the environment.



### Societal Harms

The economic cost of smoking Bhutan is 846,429,760 ngultrums. This includes direct costs related to healthcare expenditures and indirect costs related to lost productivity caused by illness and premature death.



### Harms Development

Tobacco spending diverts funds from the resources that families need to rise out of poverty. On average in Bhutan, a smoker must spend 14.74% of GDP per capita to buy 100 packs of the most popular cigarettes in a year.



### Environmental Harms

Cigarette butts are the most commonly discarded pieces of waste worldwide. It is estimated that 1,102,311 tons of butts wind up as toxic trash in the world each year, equal to 416,667 female African elephants.



### Harms Health Equity

The tobacco industry markets its products aggressively to lower-income populations and youth in Bhutan.



### Harms NCDs

Not only is smoking a major risk factor for the 4 largest noncommunicable diseases (cancer, heart diseases, respiratory diseases, and diabetes), but people living with mental illness are nearly 2x as likely to smoke as other individuals.

Learn more about **Health Effects.**

## Impact of the Tobacco Supply Chain on Bhutan

The tobacco industry profits significantly from producing and selling tobacco. At the same time, across the tobacco supply chain, there are significant negative health and economic repercussions for Bhutan.



### Tobacco Production

There were more than 5,000,000,000,000 cigarettes produced in the world in 2019, or nearly 2 cigarettes per person per day.



### Tobacco Growing

There were 209 tons of tobacco produced in Bhutan in 2019 on 140 hectares of quality agricultural land that could have been used to grow food.



### Tobacco Industry

The total revenue of the 6 largest tobacco companies in the world was USD 336 billion in 2019, about the same as Viet Nam's Gross National Income (GNI), 5x Ghana's GNI and 9x Paraguay's GNI.

Learn more about global **Growing** and **Product Sales**.

## Ending the Tobacco Epidemic in Bhutan

Fortunately, there are evidence-based -i.e. proven -solutions to the challenges posed by tobacco use. For several decades, governments around the world have been introducing a set of policies that address the demand for tobacco products, particularly among youth. These policies effectively reduce consumption and are cost-effective because they save governments enormous amounts of money in health care spending and increase economic productivity.

### Current Tobacco Control Policies in Bhutan

#### Designated Smoke-Free Areas in Bhutan

Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	N/A	Yes
Healthcare Facilities	Educational Facilities	Universities	Government Facilities	Indoor Offices	Restaurants	Pubs and Bars	Public Transport	All Other Indoor Public Places	Funds for Enforcement

**Availability of Cessation Services in Bhutan**

**Quitting Resources**  
 NRT and/or some cessation services (at least one of which is cost-covered)

**National Quit Line**  
**Yes**

Learn more about best practices in **Cessation**.

**Tobacco Packaging Regulations in Bhutan**

**Quality of Tobacco Packaging Regulation**  
 None  
 ✓ Text warning label only  
 Graphic warning label only  
 Plain Packaging with graphic warning label

**% of Pack Covered**  
**N/A**

Learn more about best practices in **Counter Marketing**.

**Tobacco Control Mass Media Campaigns in Bhutan**

<b>Ran a National Anti-Tobacco Campaign</b>	<b>No</b>
<b>Part Of A Comprehensive Tobacco Control Program</b>	Not Applicable
<b>Pre-Tested With The Target Audience</b>	Not Applicable
<b>Target Audience Research Was Conducted</b>	Not Applicable
<b>Aired On Television And/Or Radio</b>	Not Applicable
<b>Utilized Media Planning</b>	Not Applicable
<b>Earned Media/Public Relations Were Used To Promote The Campaign</b>	Not Applicable
<b>Process Evaluation Was Used To Assess Implementation</b>	Not Applicable
<b>Outcome Evaluation Was Used To Assess Effectiveness</b>	Not Applicable

Learn more about best practices in **Mass Media**.



## Tobacco Tax Policies in Bhutan

Using evidence-based international recommendations/best practices, the Tobacco Economics Cigarette Tax Scorecard assesses four components of tax systems - price, change in affordability, tax share, and structure - on a scale of 0 to 5, where a higher score is preferred.

Overall Score	Cigarette Price	Change in Affordability Over Time	Tax Share of Price	Tax Structure
<b>N/A</b> The overall score is an average of the four component scores.	<b>5</b> Consumers respond to higher prices by decreasing consumption and some quit using tobacco.	<b>N/A</b> In addition to price, change in affordability is critical. Cigarettes need to become less affordable for consumption to decline.	<b>0</b> Large tax shares of price are usually a good indicator that taxes are working.	<b>N/A</b> Best practices include relying more on uniform specific excise taxes that are adjusted regularly to outpace growth and inflation.

Learn more about the [Scorecard in Bhutan](#).

### Regulations on Tobacco Advertising, Promotion, and Sponsorship (TAPS) in Bhutan

Marketing is the key avenue that tobacco companies use to reach consumers, new and old. Restricting or eliminating marketing is key to tobacco control success.

Direct Bans	7 out of 7 direct bans implemented	Indirect Bans	4 out of 10 indirect bans implemented
National TV and radio	Yes	Free distribution in mail or through other means	Yes
International TV and radio	Yes	Promotional discounts	No
International magazines and newspapers	Yes	Non-tobacco products identified with tobacco brand names	Yes
International magazines and newspapers	Yes	Brand name of non-tobacco products used for tobacco product	No
Billboard and outdoor advertising	Yes	Appearance in TV and/or films: tobacco brands (product placement)	No
Advertising at point of sale	Yes	Appearance in TV and/or films: tobacco products	Yes
Advertising on internet	Yes	Prescribed anti-tobacco ads required for any visual entertainment media product that depicts tobacco products, use or images	N/A
<div style="background-color: #e0f2f1; padding: 20px; text-align: center;"> <h3>Ad Ban Compliance</h3> <p>100%</p> </div>		Complete ban on sponsorship	No
		Any form of contribution (financial or other support) to any event, activity or individual	No
		Ban on the publicity of financial or other sponsorship or support by the tobacco industry of events, activities, individuals	Yes