

Bulgaria



How many people die from smoking in Bulgaria each year?

14,114

What is the economic cost of smoking and tobacco use in Bulgaria each year?

4,091,996,710

Bulgarian leva

Current Rates of Smoking and Tobacco Use in Bulgaria

Tobacco use continues to be an epidemic in Bulgaria. Government complacency in the face of the tobacco epidemic protects the tobacco industry in Bulgaria as the death toll grows each year. Proponents of healthier societies must push for the implementation of evidence-based best practices in tobacco control to create change and reduce the negative effects of tobacco use.

Adult Smoking Prevalence in Bulgaria

15+ years old; 2022

Men	Women
38.1%	30.2%

Adult smoking prevalence in Bulgaria is 34%.

Number of Adult Smokers in Bulgaria

15+ years old; 2022

Men	Women
1,084,267	920,671

Number of adult smokers in Bulgaria is 2,004,105.

Youth Smoking Prevalence in Bulgaria

10-14 years old; 2022

Boys	Girls
9.6%	11.5%

Youth smoking prevalence in Bulgaria is 10.6%.

Adult Smokeless Tobacco Use in Bulgaria

15+ years old; smokeless tobacco includes snus, chewing tobacco, gutkha, etc.; 2020

Both Men and Women
N/A

Adult smokeless tobacco use prevalence in Bulgaria is N/A.

### Deaths Caused by Tobacco in Bulgaria

% deaths attributable to tobacco use in 2021

Men

12.4%

Women

4.1%

8.4% of all deaths in Bulgaria are caused by tobacco use.

Learn more about global **Prevalence**,  
**Youth Smoking** and **Deaths**.

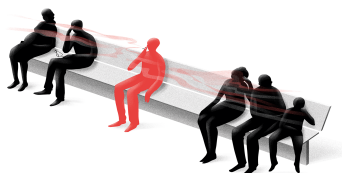
### Negative Effect of Tobacco Use in Bulgaria

Tobacco use harms both the public and fiscal health of Bulgaria, threatening efforts to improve equity, alleviate poverty, and protect the environment.



#### Societal Harms

The economic cost of smoking Bulgaria is 4,091,996,710 Bulgarian leva. This includes direct costs related to healthcare expenditures and indirect costs related to lost productivity caused by illness and premature death.



#### Harms Development

Tobacco spending diverts funds from the resources that families need to rise out of poverty. On average in Bulgaria, a smoker must spend 2.2% of GDP per capita to buy 100 packs of the most popular cigarettes in a year.



#### Environmental Harms

Cigarette butts are the most commonly discarded pieces of waste worldwide. It is estimated that 1,222 tons of butts wind up as toxic trash in Bulgaria each year, equal to 453 female African elephants.



#### Harms Health Equity

The tobacco industry markets its products aggressively to lower-income populations and youth in Bulgaria.



#### Harms NCDs

Not only is smoking a major risk factor for the 4 largest noncommunicable diseases (cancer, heart diseases, respiratory diseases, and diabetes), but people living with mental illness are nearly 2x as likely to smoke as other individuals.

Learn more about **Health Effects**.

Impact of the Tobacco Supply Chain on Bulgaria

The tobacco industry profits significantly from producing and selling tobacco. At the same time, across the tobacco supply chain, there are significant negative health and economic repercussions for Bulgaria.



**Tobacco Industry**  
The total revenue of the 6 largest tobacco companies in the world was USD 362 billion in 2022, about the same as Pakistan's Gross National Income (GNI), 5x Panama's GNI and 9x Paraguay's GNI.



**Tobacco Production**  
There were approximately 6,111,700,000 cigarettes produced in Bulgaria in 2023.



**Tobacco Growing**  
There were 3,820 tons of tobacco produced in Bulgaria in 2022 on 2,420 hectares of quality agricultural land that could have been used to grow food.

Learn more about global **Growing** and **Product Sales**.

Ending the Tobacco Epidemic in Bulgaria

Fortunately, there are evidence-based -i.e. proven -solutions to the challenges posed by tobacco use. For several decades, governments around the world have been introducing a set of policies that address the demand for tobacco products, particularly among youth. These policies effectively reduce consumption and are cost-effective because they save governments enormous amounts of money in health care spending and increase economic productivity.

Current Tobacco Control Policies in Bulgaria

Designated Smoke-Free Areas in Bulgaria

Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	N/A	Yes
Healthcare Facilities	Educational Facilities	Universities	Government Facilities	Indoor Offices	Restaurants	Pubs and Bars	Public Transport	All Other Indoor Public Places	Funds for Enforcement

**Availability of Cessation Services  
in Bulgaria****Quitting Resources**

NRT (Nicotine replacement therapy) and/or some  
cessation services (neither cost-covered)

**National Quit Line****Yes**

Learn more about best practices in **Cessation**.

**Tobacco Packaging Regulations in  
Bulgaria****Quality of Tobacco Packaging Regulation**

None

Text warning label only

✓Text warning label with graphic warning label

Plain Packaging with text/graphic warning label

**% of Pack Covered****65%**

Learn more about best practices in **Counter Marketing**.

**Tobacco Control Mass Media  
Campaigns in Bulgaria****Ran a National Anti-Tobacco Campaign****No****Part Of A Comprehensive Tobacco Control Program**

Not applicable

**Pre-Tested With The Target Audience**

Not applicable

**Target Audience Research Was Conducted**

Not applicable

**Aired On Television And/Or Radio**

Not applicable

**Utilized Media Planning**

Not applicable

**Earned Media/Public Relations Were Used To Promote The  
Campaign**

Not applicable

**Process Evaluation Was Used To Assess Implementation**

Not applicable

**Outcome Evaluation Was Used To Assess Effectiveness**

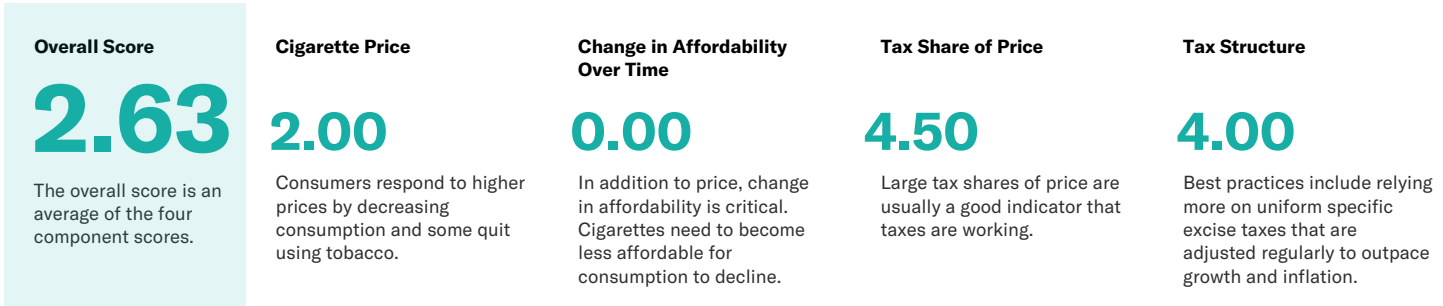
Not applicable

Learn more about best practices in **Mass Media**.



Tobacco Tax Policies in Bulgaria

Using evidence-based international recommendations/best practices, the Tobacconomics Cigarette Tax Scorecard assesses four components of tax systems - price, change in affordability, tax share, and structure - on a scale of 0 to 5, where a higher score is preferred.



Learn more about the Scorecard in Bulgaria.

Regulations on Tobacco Advertising, Promotion, and Sponsorship (TAPS) in Bulgaria

Marketing is the key avenue that tobacco companies use to reach consumers, new and old. Restricting or eliminating marketing is key to tobacco control success.

Direct Bans	5 out of 7 direct bans implemented	Indirect Bans	1 out of 10 direct bans implemented
National TV and radio	Yes	Free distribution in mail or through other means	No
International TV and radio	Yes	Promotional discounts	No
International magazines and newspapers	Yes	Non-tobacco products identified with tobacco brand names	No
International magazines and newspapers	Yes	Brand name of non-tobacco products used for tobacco product	No
Billboard and outdoor advertising	No	Appearance in TV and/or films: tobacco brands (product placement)	Yes
Advertising at point of sale	No	Appearance in TV and/or films: tobacco products	No
Advertising on internet	Yes	Prescribed anti-tobacco ads required for any visual entertainment media product that depicts tobacco products, use or images	No
Ad Ban Compliance 46%		Complete ban on sponsorship	No
		Any form of contribution (financial or other support) to any event, activity or individual	No
		Ban on the publicity of financial or other sponsorship or support by the tobacco industry of events, activities, individuals	No