

Myanmar



How many people die from smoking in Myanmar each year?

56,841

What is the economic cost of smoking and tobacco use in Myanmar each year?

1,334,635,182,096

kyats

Current Rates of Smoking and Tobacco Use in Myanmar

Tobacco use continues to be an epidemic in Myanmar. Government complacency in the face of the tobacco epidemic protects the tobacco industry in Myanmar as the death toll grows each year. Proponents of healthier societies must push for the implementation of evidence-based best practices in tobacco control to create change and reduce the negative effects of tobacco use.

Adult Smoking Prevalence in Myanmar

15+ years old; 2022

Men 36.5% Women 3.1%

Adult smoking prevalence in Myanmar is 19.6%.

Number of Adult Smokers in Myanmar

15+ years old; 2022

Men 7,550,207 Women 675,659

Number of adult smokers in Myanmar is 8,326,266.

Youth Smoking Prevalence in Myanmar

10-14 years old; 2022

Boys 14.6% Girls 3.2%

Youth smoking prevalence in Myanmar is 8.9%.

Adult Smokeless Tobacco Use in Myanmar

15+ years old; smokeless tobacco includes snus, chewing tobacco, gutkha, etc.; 2015-2016

Both Men and Women 43%

Adult smokeless tobacco use prevalence in Myanmar is 43%.

**Deaths Caused by Tobacco in Myanmar**

% deaths attributable to tobacco use in 2021

Men

**14.5%**

Women

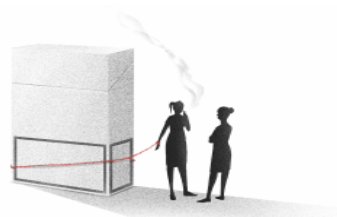
**7.1%**

11.2% of all deaths in Myanmar are caused by tobacco use.

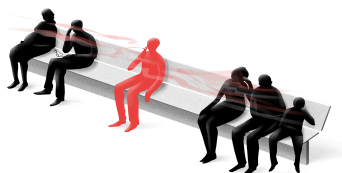
**Learn more about global Prevalence,  
Youth Smoking and Deaths.**

**Negative Effect of Tobacco Use in Myanmar**

**Tobacco use harms both the public and fiscal health of Myanmar, threatening efforts to improve equity, alleviate poverty, and protect the environment.**

**Societal Harms**

The economic cost of smoking Myanmar is 1,334,635,182,096 kyats. This includes direct costs related to healthcare expenditures and indirect costs related to lost productivity caused by illness and premature death.

**Harms Development**

Tobacco spending diverts funds from the resources that families need to rise out of poverty. On average in Myanmar, a smoker must spend 6.9% of GDP per capita to buy 100 packs of the most popular cigarettes in a year.

**Environmental Harms**

Cigarette butts are the most commonly discarded pieces of waste worldwide. It is estimated that 1,358 tons of butts wind up as toxic trash in Myanmar each year, equal to 388 female African elephants.

**Harms Health Equity**

The tobacco industry markets its products aggressively to lower-income populations and youth in Myanmar.

**Harms NCDs**

Not only is smoking a major risk factor for the 4 largest noncommunicable diseases (cancer, heart diseases, respiratory diseases, and diabetes), but people living with mental illness are nearly 2x as likely to smoke as other individuals.

**Learn more about Health Effects.**

Impact of the Tobacco Supply Chain on Myanmar

The tobacco industry profits significantly from producing and selling tobacco. At the same time, across the tobacco supply chain, there are significant negative health and economic repercussions for Myanmar.



Tobacco Industry

The total revenue of the 6 largest tobacco companies in the world was USD 362 billion in 2022, about the same as Pakistan's Gross National Income (GNI), 5x Panama's GNI and 9x Paraguay's GNI.



Tobacco Production

There were more than 5,000,000,000,000 cigarettes produced in the world in 2019, or nearly 2 cigarettes per person per day.



Tobacco Growing

There were 26,971 tons of tobacco produced in Myanmar in 2022 on 13,526 hectares of quality agricultural land that could have been used to grow food.

Learn more about global **Growing** and **Product Sales**.

Ending the Tobacco Epidemic in Myanmar

Fortunately, there are evidence-based -i.e. proven -solutions to the challenges posed by tobacco use. For several decades, governments around the world have been introducing a set of policies that address the demand for tobacco products, particularly among youth. These policies effectively reduce consumption and are cost-effective because they save governments enormous amounts of money in health care spending and increase economic productivity.

Current Tobacco Control Policies in Myanmar

Designated Smoke-Free Areas in Myanmar

Yes	Yes	Yes	Yes	No	Yes	No	No	N/A	No
Healthcare Facilities	Educational Facilities	Universities	Government Facilities	Indoor Offices	Restaurants	Pubs and Bars	Public Transport	All Other Indoor Public Places	Funds for Enforcement

### Availability of Cessation Services in Myanmar

#### Quitting Resources

NRT and/or some cessation services (at least one of which is cost-covered)

#### National Quit Line

No

Learn more about best practices in [Cessation](#).

### Tobacco Packaging Regulations in Myanmar

#### Quality of Tobacco Packaging Regulation

None

Text warning label only

Text warning label with graphic warning label

✓ Plain Packaging with text/graphic warning label

#### % of Pack Covered

75%

Learn more about best practices in [Counter Marketing](#).

### Tobacco Control Mass Media Campaigns in Myanmar

#### Ran a National Anti-Tobacco Campaign

No

#### Part Of A Comprehensive Tobacco Control Program

Not applicable

#### Pre-Tested With The Target Audience

Not applicable

#### Target Audience Research Was Conducted

Not applicable

#### Aired On Television And/Or Radio

Not applicable

#### Utilized Media Planning

Not applicable

#### Earned Media/Public Relations Were Used To Promote The Campaign

Not applicable

#### Process Evaluation Was Used To Assess Implementation

Not applicable

#### Outcome Evaluation Was Used To Assess Effectiveness

Not applicable

Learn more about best practices in [Mass Media](#).



Tobacco Tax Policies in Myanmar

Using evidence-based international recommendations/best practices, the Tobacconomics Cigarette Tax Scorecard assesses four components of tax systems - price, change in affordability, tax share, and structure - on a scale of 0 to 5, where a higher score is preferred.

Overall Score	Cigarette Price	Change in Affordability Over Time	Tax Share of Price	Tax Structure
0.75	1.00	0.00	1.00	1.00
The overall score is an average of the four component scores.	Consumers respond to higher prices by decreasing consumption and some quit using tobacco.	In addition to price, change in affordability is critical. Cigarettes need to become less affordable for consumption to decline.	Large tax shares of price are usually a good indicator that taxes are working.	Best practices include relying more on uniform specific excise taxes that are adjusted regularly to outpace growth and inflation.

Learn more about the [Scorecard in Myanmar](#).

Regulations on Tobacco Advertising, Promotion, and Sponsorship (TAPS) in Myanmar

Marketing is the key avenue that tobacco companies use to reach consumers, new and old. Restricting or eliminating marketing is key to tobacco control success.

Direct Bans	6 out of 7 direct bans implemented	Indirect Bans	2 out of 10 direct bans implemented
National TV and radio	Yes	Free distribution in mail or through other means	Yes
International TV and radio	Yes	Promotional discounts	No
International magazines and newspapers	Yes	Non-tobacco products identified with tobacco brand names	Yes
International magazines and newspapers	Yes	Brand name of non-tobacco products used for tobacco product	No
Billboard and outdoor advertising	Yes	Appearance in TV and/or films: tobacco brands (product placement)	No
Advertising at point of sale	No	Appearance in TV and/or films: tobacco products	No
Advertising on internet	Yes	Prescribed anti-tobacco ads required for any visual entertainment media product that depicts tobacco products, use or images	No
Ad Ban Compliance 55%		Complete ban on sponsorship	No
		Any form of contribution (financial or other support) to any event, activity or individual	No
		Ban on the publicity of financial or other sponsorship or support by the tobacco industry of events, activities, individuals	No