New Zealand



Current Rates of Smoking and Tobacco Use in New Zealand

Tobacco use continues to be an epidemic in New Zealand. Government complacency in the face of the tobacco epidemic protects the tobacco industry in New Zealand as the death toll grows each year. Proponents of healthier societies must push for the implementation of evidence-based best practices in tobacco control to create change and reduce the negative effects of tobacco use.



Deaths Caused by Tobacco in New Zealand

% deaths attributable to tobacco use in 2021

Men





Learn more about global Prevalence, Youth Smoking and Deaths.

10.4% of all deaths in New Zealand are caused by tobacco use.

Negative Effect of Tobacco Use in New Zealand

Tobacco use harms both the public and fiscal health of New Zealand, threatening efforts to improve equity, alleviate poverty, and protect the environment.



Societal Harms

The economic cost of smoking New Zealand is 3,619,800,410 New Zealand dollars. This includes direct costs related to healthcare expenditures and indirect costs related to lost productivity caused by illness and premature death.



Harms Development

Tobacco spending diverts funds from the resources that families need to rise out of poverty. On average in New Zealand, a smoker must spend 4.3% of GDP per capita to buy 100 packs of the most popular cigarettes in a year.



Environmental Harms

Cigarette butts are the most commonly discarded pieces of waste worldwide. It is estimated that 270 tons of butts wind up as toxic trash in New Zealand each year, equal to 77 female African elephants.



Harms Health Equity The tobacco industry markets its products aggressively to lower-income populations and vouth in New Zealand.



Harms NCDs

Not only is smoking a major risk factor for the 4 largest noncommunicable diseases (cancer, heart diseases, respiratory diseases, and diabetes), but people living with mental illness are nearly 2x as likely to smoke as other individuals.

Learn more about Health Effects.

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Impact of the Tobacco Supply Chain on New Zealand

The tobacco industry profits significantly from producing and selling tobacco. At the same time, across the tobacco supply chain, there are significant negative health and economic repercussions for New Zealand.



Tobacco Production There were approximately 5 billion cigarettes produced in New Zealand in 2016.



Tobacco Industry

The total revenue of the 6 largest tobacco companies in the world was USD 362 billion in 2022, about the same as Pakistan's Gross National Income (GNI), 5x Panama's GNI and 9x Paraguay's GNI.

Tobacco Growing

New Zealand is not a major producer of tobacco, but globally there were 4.1 million hectares of arable land dedicated to tobacco growing in 2022 which was nearly as much as the land dedicated to the world's large orange crop.

Learn more about global Growing and Product Sales.

Ending the Tobacco Epidemic in New Zealand

Fortunately, there are evidence-based -i.e. proven -solutions to the challenges posed by tobacco use. For several decades, governments around the world have been introducing a set of policies that address the demand for tobacco products, particularly among youth. These policies effectively reduce consumption and are cost-effective because they save governments enormous amounts of money in health care spending and increase economic productivity.

Current Tobacco Control Policies in New Zealand

Designated Smoke-Free Areas in New Zealand



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New Zealand

Availability of Cessation Services in New Zealand

Quitting Resources

National quit line, and both NRT and some cessation services cost-covered

National Quit Line



Learn more about best practices in Cessation.

Tobacco Packaging Regulations in New Zealand

Quality of Tobacco Packaging Regulation

Text warning label with graphic warning label **V Plain Packaging with text/graphic warning label**

None

Text warning label only

% of Pack Covered

88%

Learn more about best practices in Counter Marketing.

Tobacco Control Mass Media Campaigns in New Zealand

Ran a National Anti-Tobacco Campaign	Yes
Part Of A Comprehensive Tobacco Control Program	Yes
Pre-Tested With The Target Audience	Yes
Target Audience Research Was Conducted	Yes
Aired On Television And/Or Radio	Yes
Utilized Media Planning	Yes
Earned Media/Public Relations Were Used To Promote The Campaign	Yes
Process Evaluation Was Used To Assess Implementation	Yes
Outcome Evaluation Was Used To Assess Effectiveness	Yes

Learn more about best practices in Mass Media.

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Tobacco Tax Policies in New Zealand

Using evidence-based international recommendations/best practices, the Tobacconomics Cigarette Tax Scorecard assesses four components of tax systems - price, change in affordability, tax share, and structure - on a scale of 0 to 5, where a higher score is preferred.

Overall Score

Cigarette Price

3.63

average of the four component scores.

5.00 Consumers respond to higher

prices by decreasing consumption and some quit using tobacco. Change in Affordability Over Time

0.00

In addition to price, change in affordability is critical. Cigarettes need to become less affordable for consumption to decline. Tax Share of Price

4.50

Large tax shares of price are usually a good indicator that taxes are working. Tax Structure

5.00

Best practices include relying more on uniform specific excise taxes that are adjusted regularly to outpace growth and inflation.

Learn more about the Scorecard in New Zealand.

Regulations on Tobacco Advertising, Promotion, and Sponsorship (TAPS) in New Zealand

Marketing is the key avenue that tobacco companies use to reach consumers, new and old. Restricting or eliminating marketing is key to tobacco control success.

Direct Bans	5 out of 7 direct bans implemented	Indirect Bans	4 out of 10 direct bans implemented
National TV and radio	Yes	Free distribution in mail or through othe	r means Yes
International TV and radio	Νο	Promotional discounts	Yes
International magazines and newspa	pers Yes	- Non-tobacco products identified with to names	bacco brand Yes
International magazines and newspa	pers No	Brand name of non-tobacco products us product	ed for tobacco No
Billboard and outdoor advertising	Yes	Appearance in TV and/or films: tobacco placement)	brands (product Yes
Advertising at point of sale	Yes	Appearance in TV and/or films: tobacco	products No
Advertising on internet	Yes	Prescribed anti-tobacco ads required fo entertainment media product that depic products, use or images	
		Complete ban on sponsorship	Νο
	Compliance	Any form of contribution (financial or ot any event, activity or individual	her support) to No
1(00%	Ban on the publicity of financial or othe support by the tobacco industry of even individuals	

Citation: Drope J, Hamill S, editors. 2025. Country profile: New Zealand. . In The Tobacco Atlas. New York: Vital Strategies and Economics for Health.