Trinidad and Tobago



Current Rates of Smoking and Tobacco Use in Trinidad and Tobago

Tobacco use continues to be an epidemic in Trinidad and Tobago. Government complacency in the face of the tobacco epidemic protects the tobacco industry in Trinidad and Tobago as the death toll grows each year. Proponents of healthier societies must push for the implementation of evidence-based best practices in tobacco control to create change and reduce the negative effects of tobacco use.

Adult Smoking Prevalence in Trinidad and Tobago 15+ years old; 2019		Number of Adult Smokers in Trinidad and Tobago 15+ years old; 2019	
Men	Women	Men	Women
28.9%	8.2%	160,449	43,124
Adult smoking prevalence in Trinidad and Tobago is 19%.		Number of adult smokers in Trinidad and Tobago is 203,573.	
Youth Smoking Prevalence in Trinidad and Tobago 10-14 years old; 2022		Adult Smokeless Tobacco Use in Trinidad and Tobago 15+ years old; smokeless tobacco includes snus, chewing tobacco, gutkha, etc.; 2011	
-	valence in Trinidad and Tobago		-
-	valence in Trinidad and Tobago Girls		-
10-14 years old; 2022		15+ years old; smokeless toba	-

Deaths Caused by Tobacco in Trinidad and Tobago

% deaths attributable to tobacco use in 2021

Men

7.1%



Learn more about global Prevalence, Youth Smoking and Deaths.

5.4% of all deaths in Trinidad and Tobago are caused by tobacco use.

Negative Effect of Tobacco Use in Trinidad and Tobago

Tobacco use harms both the public and fiscal health of Trinidad and Tobago, threatening efforts to improve equity, alleviate poverty, and protect the environment.



Societal Harms

The economic cost of smoking Trinidad and Tobago is 1,552,445,359 Trinidad and Tobago dollars. This includes direct costs related to healthcare expenditures and indirect costs related to lost productivity caused by illness and premature death.



Harms Development

Tobacco spending diverts funds from the resources that families need to rise out of poverty. On average in Trinidad and Tobago, a smoker must spend 2.3% of GDP per capita to buy 100 packs of the most popular cigarettes in a year.



Environmental Harms

Cigarette butts are the most commonly discarded pieces of waste worldwide. It is estimated that 1,102,311 tons of butts wind up as toxic trash in the world each year, equal to 416,667 female African elephants.



Harms Health Equity The tobacco industry markets its products aggressively to lower-income populations and vouth in Trinidad and Tobago.



Harms NCDs

Not only is smoking a major risk factor for the 4 largest noncommunicable diseases (cancer, heart diseases, respiratory diseases, and diabetes), but people living with mental illness are nearly 2x as likely to smoke as other individuals.

Learn more about Health Effects.

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Impact of the Tobacco Supply Chain on Trinidad and Tobago

The tobacco industry profits significantly from producing and selling tobacco. At the same time, across the tobacco supply chain, there are significant negative health and economic repercussions for Trinidad and Tobago.



Tobacco Production

There were more than 5,000,000,000 cigarettes produced in the world in 2019, or nearly 2 cigarettes per person per day.



Tobacco Industry The total revenue of the 6 largest tobacco companies in the world was USD 362 billion in 2022, about the same as Pakistan's Gross National Income (GNI), 5x Panama's GNI and 9x Paraguay's GNI.

Tobacco Growing There were 191 tons of tobacco produced in Trinidad and Tobago in 2022 on 116 hectares of quality agricultural land that could have been used to grow food.

Learn more about global Growing and Product Sales.

Ending the Tobacco Epidemic in Trinidad and Tobago

Fortunately, there are evidence-based -i.e. proven -solutions to the challenges posed by tobacco use. For several decades, governments around the world have been introducing a set of policies that address the demand for tobacco products, particularly among youth. These policies effectively reduce consumption and are cost-effective because they save governments enormous amounts of money in health care spending and increase economic productivity.

Current Tobacco Control Policies in Trinidad and Tobago

Designated Smoke-Free Areas in Trinidad and Tobago



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Trinidad and Tobago

Availability of Cessation Services in Trinidad and Tobago

Quitting Resources

NRT and/or some cessation services (at least one of which is cost-covered)

National Quit Line



Learn more about best practices in Cessation.

Tobacco Packaging Regulations in Trinidad and Tobago

Quality of Tobacco Packaging Regulation

 \checkmark Text warning label with graphic warning label Plain Packaging with text/graphic warning label

None

Text warning label only

% of Pack Covered

50%

Learn more about best practices in Counter Marketing.

Tobacco Control Mass Media Campaigns in Trinidad and Tobago	Ran a National Anti-Tobacco Campaign	Yes
	Part Of A Comprehensive Tobacco Control Program	Yes
	Pre-Tested With The Target Audience	Data not available
	Target Audience Research Was Conducted	Data not available
	Aired On Television And/Or Radio	No
	Utilized Media Planning	Yes
	Earned Media/Public Relations Were Used To Promote The Campaign	No
	Process Evaluation Was Used To Assess Implementation	Yes
	Outcome Evaluation Was Used To Assess Effectiveness	Data not available

Learn more about best practices in Mass Media.

THE TOBACCO ATLAS

Tobacco Tax Policies in Trinidad and Tobago

Using evidence-based international recommendations/best practices, the Tobacconomics Cigarette Tax Scorecard assesses four components of tax systems - price, change in affordability, tax share, and structure - on a scale of 0 to 5, where a higher score is preferred.

Overall Score

The overall score is an

average of the four

component scores.

Cigarette Price

2.00 Consumers respond to higher

prices by decreasing consumption and some quit using tobacco. Change in Affordability Over Time

0.00

In addition to price, change in affordability is critical. Cigarettes need to become less affordable for consumption to decline. Tax Share of Price

Large tax shares of price are usually a good indicator that taxes are working. Tax Structure

4.00 Best practices include relying more on uniform specific excise taxes that are

growth and inflation.

adjusted regularly to outpace

Learn more about the Scorecard in Trinidad and Tobago.

Regulations on Tobacco Advertising, Promotion, and Sponsorship (TAPS) in Trinidad and Tobago

Marketing is the key avenue that tobacco companies use to reach consumers, new and old. Restricting or eliminating marketing is key to tobacco control success.

Direct Bans	3 out of 7 direct bans implemented	Indirect Bans 20	out of 10 direct bans implemented
National TV and radio	Yes	Free distribution in mail or through other r	neans No
International TV and radio	Yes	Promotional discounts	Νο
International magazines and newspa	npers No	Non-tobacco products identified with toba names	acco brand No
International magazines and newspa	npers No	Brand name of non-tobacco products used product	l for tobacco No
Billboard and outdoor advertising	Yes	Appearance in TV and/or films: tobacco bi placement)	rands (product Yes
Advertising at point of sale	No	Appearance in TV and/or films: tobacco p	roducts No
Advertising on internet	No	Prescribed anti-tobacco ads required for a entertainment media product that depicts products, use or images	
		Complete ban on sponsorship	No
Ad Ban (Compliance	Any form of contribution (financial or othe any event, activity or individual	er support) to No
5	33%	Ban on the publicity of financial or other s support by the tobacco industry of events, individuals	

Citation: Drope J, Hamill S, editors. 2025. Country profile: Trinidad and Tobago. . In The Tobacco Atlas. New York: Vital Strategies and Economics for Health.